

## Personal Profile



### 1 PERSONAL INFORMATION:

Name	: Tejas Ramdayal Sharma
Father's Name	: Ramdayal Omkarlal Sharma
Address	: B/3, Jay Jalaram Society, Piplod, Surat (Gujarat)
Date of Birth	: 19/11/1979
Nationality	: Indian
Category	: OPEN
E-mail ID	: tejas.sharma1979@gmail.com
Designation	: Director of Physical Education
Department	: Sports
Date of Appointment	: 13/07/2015

### 2 CAREER OBJECTIVE:-

To associate with a dynamic and professional organization & seek challenging and rewarding position in the areas of physical education, sports and recreation activity.

Seeking opportunities in the domains of physical education and sports with a growth oriented organization.

### 3 ACADEMIC QUALIFICATION:

Sr. no.	Degree	University / College	Year of Passing	Board / Univ.	Percent age	Class / Grade
1	Ph. D	Swarnim Gujarat Sports University, Gandhinagar	2018	S.G.S. Univ	Awarded	
2	N.E.T.	Union Grant Commission	2013	Cleared		
3	M. Phil	Kaivalyadham, Lonawala, Pune	2008	Pune Univ	90.00 %	O grade
4	M. P. Ed.	Marathawada Sanskrutik Mandal, Aurangabad	2003	Dr. B.A.M. Univ	69.00 %	1 <sup>st</sup> Class
5	B. P. Ed.	Padmapani College of Physical Edu., A'bad	2001	Dr. B.A.M. Univ	69.35 %	1 <sup>st</sup> Class
6	B. Sc.	P. T. Science College, Surat	2000	V.N.S.G . Univ	61.44 %	2 <sup>nd</sup> Class
7	H.S.C.	C.C.Shah Eng Med High School, Surat	1997	GSEB	58.15 %	2 <sup>nd</sup> Class
8	S.S.C.	C.C.Shah Eng Med High School, Surat	1995	GSEB	73.29 %	Distinction

### 4 COMPUTER SKILLS:-

1.	Computer Fundamentals & Internet Options. (CCC)
2.	MS-OFFICE:- Word, Excel, Power Point.
3.	Certificate In Computing by IGNOU in 2001
4.	Society for Creation of Opportunity through proficiency in English (SCOPE)

### 5 RESEARCH PROJECTS:

Any other – institutional collaborative projects and associated grants received

- (a) National Collaboration – Nil
- (b) International Collaboration – Nil

- (c) Have you generated the revenue through the consultancy of these projects? Indicate it per year (Brief description of consultancy projects undertaken by you. Indicate revenue per year) – Nil

6 Details of patents (if any), area /s of consultancy and income generated, - Nil

## 7 WORKING EXPERIENCE:-

- (1) Working as a Director of Physical Education and Sports in Late Annasaheb P. S. Wadile Arts College, Thalner, since 15<sup>th</sup> June, 2015 till now.
- (2) Working as a lecturer in Bhagwan Mahavir College of Physical Education since 15<sup>th</sup> September, 2004 to May, 2015.
- (3) Worked as a Physical Education Lecturer in D. R. B. Commerce College from June 2003 to 31<sup>st</sup> August, 2004.
- (4) Worked as a Manager and Selection Committee member for gymnastics, while university participation of V.N.S.G.U. Surat and N. M. Univesity at Intervarsity level.

## 8 AREA OF INTEREST

I have a keen interest in the field of research and thereby even have presented papers at national as well as international level.

## 9 Publications.

Journals / Conferences / Seminar

Sr no	Name of Journal	Title of Article / Paper	ISSN No.	Level
1	Multi Disciplinary Educational Global Quest (Journal)	Facility Management in Sports	2250 – 3018	National
2	Research Zone India (A Journal of Multi Disciplines. )	Exploring Stress and its management Strategies Amongst National Level Sports Persons.	2319 – 8168	National
3	Research Zone India (A Journal of Multi Disciplines. )	Predictors of Children Participation in Physical Activity and Exercise	2319 – 8168	National
4	Research Zone India (A Journal of Multi Disciplines. )	Organisational Determinants of Occupational Stress Among Coaches	2319 – 8168	National

5	Research Zone India (A Journal of Multi Disciplines).	Take off kinematics of forward salto in floor exercise	2319 – 8168	National
6	Vyayam Setu (Multilingual Biannual International Journal of Physical Education and Sports Science).	Effect of yoga training on speed, accuracy, balance and coordination among varsity gymnasts	2349 – 3992	International
7	On Advances in Yoga Research Education and Therapy.	Interdisciplinary researchers : Yoga, Physical Education and Sports		International
8	Movement of Dr. B. R. Ambedkar's its Impact and Effect.	Anxiety levels of Sports	97893 85026 942	National
9	Chetan Sikshan Prasarak Mandal's Vijapur, Arts Senior college, Aurangabad & Katha (U.K.) Britain	Relaxation Techniques in Sports	97893 83587 353	International
10	Multi Disciplinary Scenario of Higher Education in India.	The Effect of Training Session on Selected Physical Fitness Variables.	97893 86196 163	International conference
11	Need of Gandhi Nehru and Ambedkar's thought in Present Situation	Theoretical Concepts of Framing Mental Health of Arts Students.		National conference
12	Recent Trends in Social Science, Languages, Litreature, Commerce, Science and Sports in India	Theoretical Models of Participation Activity and Exercise	97881 93094 334	Multi Disciplinary National Seminar
13	DRS-I National Workshop on 'Officiating in Games and Sports' - Badminton			National Level Workshop
13	Honouring, Organising and Recognising Women in Sports.	Psychology while coaching girls and womens.	978-93-5321-784-6	National Conference.

14	History of Khandesh	Sports Psychology and Coaching	2348 - 7143	Intl. Journal
15	Innovative Trends in Physical Education, Sports Sciences and Yoga.	Various Psychological aspects of Coaching Girls and Women	2348 - 7143	Intl. E – research journal
16	Disaster Management: New Challenges and Solutions	Sports Expertise: A Major Concern		National Conference
17	Sports Nutrition and Fitness for Improving the Performance.	SNFIP 2019		National level Workshop

### Books

Sr. No.	Name of Book	ISBN No.	Publication
1.	Court Games	9789384187511	RET International Academic Publishing Dediyanan (Mehasana)
2	Rules and Regulation	9789384148768	RET International Academic Publishing Dediyanan (Mehasana)
3	Effect of Yoga Training on Speed, Accuracy, Balance and Coordination among Varsity Gymnast.	9789384148775	RET International Academic Publishing Dediyanan (Mehasana)

### 10 Journal with the Impact Factor:

Sr. No.	Name of Journal	Title of Article / Paper	ISSN No.	Level
1	Academic Sports Scholars (International online physical education and sports research journal)	A Comparative Study of Self Confidence and Will to Win among male and female Sports Persons	2277 – 3665 (U.I.F. = 2.0152)	International, January 2016
2	History of Khandesh (Multidisciplinary Intl. E-	Sports Psychology and coaching	2348 -7143 (6.261)	International, December,

	research journal)			2018
3	Innovative Trends in Physical Education, Sports Sciences and Yoga, (Multidisciplinary Intl. E-research journal)	Various Psychological aspects of Coaching Girls and Women	2348 -7143 (6.261)	International, January, 2018
4	Disaster Management: New Challenges and Solutions (Multi Disciplinary National E – research journal)	Sports Expertise: A Major Concern		National Conference

**11** Have you ever been invited or selected University / State / National / International to visit other laboratories in India and abroad (Please give details).  
Nil

**12** Have you availed / availing National or International fellowship for advance studies (Please give details). Nil

Are you working in –

- (a) National committees – Nil
- (b) International committees – Nil
- (c) Editorial boards – Nil
- (d) Any other (Please specify) –

Briefly highlight your contributions in generating new knowledge, basic or applied – Nil

**13 Innovative / Contributions in Teaching**

(a) Design of Curriculum – Designed by N. M. University, Jalgaon

(b) Teaching methods –

1. Books with latest rules and regulations are prescribed.
2. Practices sessions with senior sports personalities is being arranged with the near by colleges.
3. Students are asked to participate in various sports and games. There is free internet facility to students.
4. Students are given seminars by the experts, coaches and directors of Sports.

(c) Evaluation methods –

1. Intramurals games.
  2. Selection procedure while participation in university games & sports.
- (d) Preparation of resource material including books, reading materials, etc
1. Five E – books, fifteen books, ten web resources CD's and one magazine provided by Central Library.
  2. Provide the selected reading by Central Library (Reference books - 25 and magazine - 01) preparation of reading materials for students.
  3. Use computer Lab for guidance of internet surfing and get more information of subject.
- (e) Remedial teaching / students counseling (academic) – Nil
- (f) Any other – Nil

13 Recharging strategies (UGC – Academic Staff College, Refresher / Orientation programs, workshops, training programs and similar programs):

- a) As participants in Orientation courses - Completed Orientation Programme in February 2017, at Kumaun University, Nainital (Uttarakhand).
- b) As resources person – Nil

14 Students projects -

- a) Percentage of students who have done in – house projects including interdepartmental projects – Nil
- b) Percentage of students doing projects in collaboration with other universities / industry / institute – Nil

15 Name some students of your department who have cleared International / National and state level of competitive examinations such as Civil services, Defense services, JRF, NET, SET, GATE, IELTS, TOEFL etc, or something like this - Nil

16 Have you introduced any higher order skill development programmes in consonance with the national requirements as outlined by the National Skills Development Corporation and other agencies? – Nil

**17 Extension work and Community Services.**

(a) College / University / Institution:

Academic year 2015-16

- a) Worked as a Team Manager of North Maharashtra University Fencing team, tournament was held at Punjab University Chandigarh.
- b) Worked as a Coach of North Maharashtra University Taekwondo team, tournament was held at Guru Nanak Dev University Amritsar.
- c) Worked as a Team Manager of Dhule Zonal Sports Committee in Cross Country team, tournament of N. M .University was held at S.P.D.M. College Shirpur.
- d) Worked as a Team Manager of Dhule Zonal Sports Committee Wrestling team, tournament of N. M. University was held at Arts College, Nardana.
- e) Worked as a Team Manager of Dhule Zonal Sports Committee Badminton team, tournament of N. M. University was held at M. J. College, Jalgaon.

Academic Year 2016-17

- a) Worked as a Team Manager of North Maharashtra University Basket Ball team, tournament was held at Patan University Gujarat.
- b) Worked as a Technical Committee Member of North Maharashtra University Inter zonal Table Tennis team, tournament was held at S.P.D.M. College Shirpur.
- c) Worked as a Technical Committee Member of North Maharashtra University Inter zonal Boxing team, tournament was held at S.P.D.M. College Shirpur.
- d) Worked as a Team Manager of North Maharashtra University Avishkar Cultural Function, which was held at V.W.S. College Dhule.
- e) Worked as a Team Manager of Dhule Zonal Sports Committee of North Maharashtra University Badminton team, tournament was held at P. S.G.V.P. Sanstha's Art's, Commerce and Science College, Dhule.

Academic Year 2017-18

- a) Worked as a Team Manager of North Maharashtra University Yoga team, tournament was held at KIIT University, Bhubhaneshwar.
- c) Worked as a Team Manager of Dhule Zonal Sports Committee of North Maharashtra University Boxing team, tournament was held at S.P.D.M. College, Shirpur.



- d) Organised Fencing Tournament of North Maharashtra University, Jalgaon.
- e) Completed Orientation Programme in February 2017, at Kumaun University, Nainital (Uttarakhand).

#### Academic Year 2018-19

- a) Worked as a Team Manager of North Maharashtra University Yoga team, tournament was held at Madras University, Chennai.
- b) Worked as a Team Manager of Dhule Zonal Sports Committee of North Maharashtra University Athletic team, tournament was held at Pachora College, Chopada.
- c) Organised Athletic Tournament of North Maharashtra University, Jalgaon.
- d) Appointed as Board of Sports Member in the K. B. C. North Maharashtra University, Jalgaon.
- e) Worked as a Secretary while functioning of various activities of Dhule Zonal Sports Committee.

#### (b) Co-curricular Activities:

- a) Blood Donation Camp
- b) Yoga Day

#### (c) Enrichment of Campus life (Hostel, Sports, games, cultural activities):

- a) Sanitation Program
- b) Sharing views with experts from different background
- c) Social unity sports tournament.
- d) Health awareness program.
- e) Member of student council in 2015-16
- f) Member of sports committee in 2015-16.

#### (d) Students Welfare and Discipline:

Member of Discipline Committee of College in 2016.

- (e) Membership / Participation in bodies / committees on education and national development - Nil
- (f) Professional organization of teachers – Nil

18 Membership of professional bodies, societies etc, Editor / Reviewer of journals -

Member of Vyayam Setu (Multilingual Biannual International Journal of Physical Education and Sports Sciences.) a journal published by Swarnim Gujarat Sports University, Gandhinagar (Gujarat).

19 Name of some distinguished alumni of your department.

Lohar Pravin Atamaram	(Police)
Patil Sunil Dattatray	(Police)
Koli Bapu Nathu	(Soldier)
Vasande Devesh	(Soldier)
Marathe Mahendra Rajendra	(Soldier)
Marathe Kailash Suresh	(GMRRS Fire Rescue Service)
Dhangar Amol	(Police)
Jadhav Sapna Kisan	(Police)
Shirsath Rupali Ramesh	(Advocate)
Mahale Dinesh Raghunath	(Teacher)
Patil Radheshyam Rajendra	(Teacher)

20 Do you provide 'beyond syllabus scholarly' activities of the students?

1. Provide guidance for carrier in sports.
2. Counseling for Healthy Environment in Life.
3. Guidance for Competitive Examinations.
4. Provide knowledge of ground test for military and police exams.

21 Do you interact with industry, research bodies and the civil society in the curriculum revision process? If so, how have the students benefited through interactions with the stake holders? – Nil

22 Does your departments obtains feedback form –

a) Faculty on curriculum as well as teaching – learning - evaluation?

If yes how does the department utilize this feedback?

Yes, filing the feedback form by Alumini.

b) Students on staff, curriculum and teaching – learning - evaluation?

If yes how does the department utilize this feedback? – Nil

c) Alumni and employers on the programmes offered and how does the department utilize this feedback?

1. By visit and counseling the present students.
2. By inquiry of present situation of department.
3. Visit in department and express the past experience.

### **23 SWOC Analysis of the department and future plans.**

#### Major Strength

- a) Awareness for university tournaments in student.
- b) Awareness for recruitment in police and military sector.

#### Weakness

- a) Lack of women participation.
- b) Lack of awareness of fitness in their day to day life.
- c) Awareness of rules and regulation in various games and sports.

#### Opportunities

- a) Development of sports culture in rural areas
- b) Awareness of potentials among the female in rural areas.

#### Challenges

- a) Lack of self confidence (Competition fear)
- b) Ignorance of the latest rules and regulation.

#### Future plans / initiatives for the department.

- a) To construct indoor hall.
- b) Start guidance centre of carrier in police, military services.
- c) To plan for a weekly camp about health and fitness.
- d) Increase participation in zone tournaments of university especially in the case of females.

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I hereby declare that the information given above is true and fair to the best of my knowledge and belief.

Place - Thalner

(Name)

**Tejas Ramdayal Sharma**